



**Smoking Status**

1. Have you ever used tobacco or nicotine products in any form (including cigarettes, cigars, cigarillos, a pipe, chewing tobacco, nicotine patches or gum)?  Yes  No

If 'Yes', provide details below.

Product	Frequency	Current	Past	Date Last Used
Cigarettes	pack(s) day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> (dd/mm/yyyy)
Cigars	/day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> (dd/mm/yyyy)
Other	/day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> (dd/mm/yyyy)

**Family Questions**

2. Has any member of your immediate family (parents, brothers or sisters) ever been diagnosed with heart disease, stroke or Transient Ischemic Attack (TIA), cancer, diabetes, Parkinson's disease, Huntington's disease, polycystic kidney disease (PKD), Alzheimer's disease, or any other hereditary disease or disorder?  Yes  No

3. Please provide the following details:  Yes  No

Living			Deceased		
	Age	Present Health		Age	Cause of Death
Father			Father		
Mother			Mother		
Siblings			Siblings		

**Health Questions**

Please provide details for 'Yes' answers in the "Supplementary Information" section below.

4. **Within the last 10 years have you had symptoms of, or been told by a physician that you have had or have:**

- a) Chest pain, angina, congestive heart failure, heart attack, shortness of breath, heart murmur, high blood pressure, irregular heart beat, heart valve disease or any other disease or disorder of the heart or arteries?  Yes  No
- b) Aneurysm, Transient Ischemic Attack (TIA), stroke, or peripheral vascular disease?  Yes  No
- c) Diabetes, elevated blood sugar or glucose intolerance or disease of any glands?  Yes  No
- d) Seizures, fainting, dizziness, epilepsy, convulsions or paralysis?  Yes  No
- e) Any nervous, mental or emotional disorder, or received counselling for anxiety, depression, stress, or any other emotional condition?  Yes  No
- f) Alzheimer's disease, dementia, memory loss or organic brain syndrome?  Yes  No
- g) Multiple Sclerosis (MS), muscular dystrophy, Parkinson's disease or tremors?  Yes  No
- h) Arthritis, gout, chronic fatigue, fibromyalgia, myalgia, osteoporosis, or any other bone, joint or muscle disorder?  Yes  No
- i) Asthma, sleep apnoea, bronchitis, pneumonia, emphysema, chronic obstructive lung disease or any other lung disorder?  Yes  No
- j) Cirrhosis, hepatitis, ulcer, colitis, diverticulitis, Crohn's disease, or other disease of the liver, gall bladder, pancreas, stomach or intestines?  Yes  No
- k) Disease of the prostate, testicles, uterus, cervix, ovaries or breasts?  Yes  No
- l) Anaemia, bleeding or clotting disorder, recurrent infection, or any problem, disease or disorder of the immune system, blood, blood cells or bone marrow or any lymph node disorders?  Yes  No
- m) Disease of the urinary tract, bladder or kidneys, sugar, protein or blood in the urine?  Yes  No
- n) Cancer, leukaemia, lymphoma, malignant melanoma or tumours of any kind, malignant or benign?  Yes  No

## 5. Within the last 10 years have you had:

a) An operation or admission to a hospital or any other health care facility for observation and/or treatment of any illness, disease or accident?  Yes  No

b) Any diagnostic tests (e.g. blood, urine, ECGs, x-rays etc), whether conducted on an in-patient or out-patient basis (other than for regular health screening, visa or employment medicals which were confirmed as normal results)?  Yes  No

6. Within the last 10 years have you been diagnosed or treated by a physician as having Acquired Immune Deficiency Syndrome (AIDS) or tested positive for the Human Immunodeficiency Virus (HIV)?  Yes  No

## 7. Do you:

a) Have any symptom or medical concern for which you have not consulted a physician or had any consultation, testing or investigation recommended by a physician which has not yet been completed?  Yes  No

b) Consume alcoholic beverages?

Never

Currently Type of beverage \_\_\_\_\_ Frequency \_\_\_\_\_ Quantity \_\_\_\_\_

In the past Date stopped 

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 (dd/mm/yyyy) Reason stopped \_\_\_\_\_

## 8. Within the last 10 years have you:

a) Been advised to limit or discontinue the use of alcohol or drugs, sought or received treatment counselling or participated in a support group?  Yes  No

b) Used or tested positive for marijuana, cocaine, heroin, amphetamines, or hallucinogens?  Yes  No

c) Used any tranquilizers, sedatives or narcotic drugs or any prescription drug except in accordance with physician's instructions?  Yes  No

## Supplementary Information

Question Number	Details (include dates, diagnosis, duration, outcome, treatment and the names of all attending physicians, clinics and hospitals)



**(To be completed by the Medical Examiner)**

1. a) Height \_\_\_\_\_ m/ ft Did you measure?  Yes  No

b) Weight \_\_\_\_\_ kg/ lbs Did you weigh?  Yes  No

**Males only: Abdomen \_\_\_\_\_ inches/ cm**

c) Any weight change in the past 12 months?  Yes  No

If 'Yes', amount \_\_\_\_\_ kg/lbs

Loss

Gain

d) Urine Dipstick Result (Not required for age 12 or below):

Protein	Sugar	Blood

Urine sample sent to the laboratory (please tick)

2. Blood Pressure Readings (Not required for age 12 or below):

	Standing	Sitting	Lying
Systolic			
Diastolic			

3. Pulse

Pulse Rate : \_\_\_\_\_ per minute

Regular

Irregular

Type of irregularity \_\_\_\_\_

If extra systoles, No. per minute \_\_\_\_\_

4. On examination is/are there any:

a) Extra or abnormal heart sounds?  Yes  No

b) Murmurs?  Yes  No

c) Cardiomegaly or cardiac enlargement ?  Yes  No

d) Inadequate circulation anywhere?  
(i.e. shortness of breath, peripheral vascular disease)  Yes  No

If "Yes" please provide details (Type, Grade, Location)

\_\_\_\_\_

5.	On examination, is there any abnormality of the:	
a)	Respiratory system?	<input type="checkbox"/> Yes <input type="checkbox"/> No
b)	Abdomen (visceral organs, size of liver and spleen, palpable mass, evidence of surgery)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
c)	Eyes, ears, nose, mouth, pharynx, head and neck (including hearing, vision, speech)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
d)	Skin, lymph nodes, peripheral arteries or veins?	<input type="checkbox"/> Yes <input type="checkbox"/> No
e)	Nervous system (including reflexes, weakness, gait, paralysis, tremors)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
f)	Genitourinary system (including prostate, rectum (only if male), external genitalia, breasts)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
g)	Endocrine systems (including thyroid)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
h)	Musculoskeletal system (including spine, joints, amputation, deformity)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
6.	Have you examined the patient in the past year?	<input type="checkbox"/> Yes <input type="checkbox"/> No
	Is the patient known or related to you and/or your private patient?	<input type="checkbox"/> Yes <input type="checkbox"/> No
	If 'Yes', please provide details of any medical history which is pertinent to the mortality risk and not already disclosed. _____	
7.	Describe general appearance (older than stated age, alert?) _____	
8.	Did anyone accompany the patient during the examination? If "Yes" please provide details Name of the person _____ Relationship to Patient _____ Why present _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
9.	Did the patient understand and answer all the questions asked in connection with this exam? If "No" please provide details _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
10.	Do you suspect anything unfavourable such as excessive use of alcohol, cigarettes, or drugs?	<input type="checkbox"/> Yes <input type="checkbox"/> No



**Medical Examiner's Certification And Signature**

How did you identify the patient?

- Driver's License (with photo)     
  Passport     
  Other photo ID – please provide details

Examination location:

- Examiner's Office     
  Residence of Proposed Insured     
  Business address of Proposed Insured  
 Other - please provide details

Indicate requirements completed

- Blood     
  ECG     
  Urine     
  TMT     
  Other

Indicate any requirements not completed and reason

Date provided to the Financial Adviser Representative  (dd/mm/yyyy)

**Signatures**

I hereby certify that I have personally examined the patient and have correctly and fully reported my findings.

Signature of <b>Medical Examiner</b>		Medical Examiner's Stamp/Chop	
X			
Name of Medical Examiner			
Place	(Country)	Date	<input type="text"/> (dd/mm/yyyy)
Address	Number/Street/Building		
	City	State/Province	
	Country	Postal Code	
Phone Number	<input type="text"/> - <input type="text"/> - <input type="text"/> <small>Country Code      Area Code      Phone Number</small>		
Examination completed on (date and time)			